



≡ STAYCATION BIBLE SCHOOL ≡
Our Daily Bread Café

DAY 4

Jesus is the Bread of Life

Scripture reference:

John 6:22-51

Sense:

Taste

Verse of the day:

Jesus replied, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty." (*John 6:35*)

Catch phrase:

Taste and see how Jesus **LOVES** you!

Theme of the day:

Taste and know that the Lord is good!

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Basic ingredient list

- ❑ A candle
- ❑ Our Daily Bread Café placemat for each child
- ❑ A children's story Bible or Bible
- ❑ Any visuals/pictures you want to use for the Bible story
- ❑ A Gratitude Café Journal (1 for each child)
- ❑ Daily craft/game/cooking supplies
- ❑ Simple snack (if you have snack time)
- ❑ Speaker/ability to stream the Spotify playlist
- ❑ Access to YouTube (or watch ahead of time and teach the YouTube dances)
- ❑ Favorite drink/sweet treat for the Gratitude Café



SETTING THE TABLE

Each day you will need your worship cloth and candle. In this opening time, you will listen to a song for the day, and center your hearts and minds to prepare for SBS.

1. Lay out your worship cloth and place the candle on top.
2. Light the candle to represent the light of Christ present with you.
3. Share one thing you:
 - * Hope to learn today,
 - * Are joyful for today,
 - * Are wondering,
 - * You want to share, or
 - * Are excited about.



Praise God with a song!

Choose a song from the **Plate-it-up Playlist** (pres-outlook.org/SBSplaylist) or use today's daily suggestion!

Today's song: "Jesus Loves Me"



above: Spotify code to scan for playlist



Open with prayer

Daily opening call-and-response prayer

Host: Taste and see...

Guests: The Lord is good!

All: Praise God.

Guests: Taste and see...

Host: What God created!

All: Praise God.

Host: We give God thanks for our day!

All: Good morning, God, we say.

Guests: Taste and see...

Host: God is good!

Guests: All the time!

Host: All the time...

Guests: God is good! Praise God!

All: Amen.



TODAY'S STARTER

Intro game: Taste test

TO PREPARE:

- You will need 5 foods (or 5 bites of food) that represent the five "tastes." (Or, you could use 5-6 tastes of foods that the kids will be familiar with.)

DIRECTIONS:

- Talk with your guests about the 5 "tastes" (sweet, sour, salty, bitter, savory). They might not know about some of the different tastes, so talk about foods they are familiar with that would represent each category (for example, sugar is sweet and lemons are sour). Then challenge them to a taste test.
- Have your guests put on a blindfold. While blindfolded, taste different foods. See if they can guess the food and define its taste category.



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- **Another option for younger children** who don't quite grasp the "taste categories" or if you just can't get something in each category, have some foods they might be familiar with and have them guess what you gave them.

Food allergy alert: My son has food allergies and is very skeptical of not knowing what he is eating. He stresses out and starts to worry. For this game, I would tell him (and probably show him) the 5 foods I was going to ask him to try, so he would be prepared and not nervous when we started the game.



Exploring Psalm 34:8

Was there a particular "taste" you loved in the game? If you have more of the food you tasted, let each person in your group have another taste of something they really liked. Listen to "Taste and See the Lord is Good" by Yancy and Little Praise Party while you eat. By now, you are probably familiar with the song. Sing along!

As the host, think of ways you can share with your guests how you "taste" and know the Lord is good. When God made each of us, God gave us the ability to "taste" different flavors and enjoy food. When you eat that sweet treat you love or enjoy that really amazing salty food, it's as if God is saying, "Enjoy the world I created." Talk about foods you love and that taste good to you.



Create together

1. Get out your theme verse poster. Today you will update it with "taste." Brainstorm ideas to write or add to your collage.
2. Attach "taste" to your Bible verse poster.



THE MAIN MEAL: Taste and see how Jesus LOVES you



Lesson goals

Your family will discover:

- The connection between our Day 2 story (manna from heaven) and today's story.
- How meals with other people give us life.
- What Jesus means when he says, "I am the bread of life."

A note for the host:

Many years ago I was sitting with a young boy during our church service. He was particularly excited because it was Communion Sunday. He kept bouncing off the pew next to me, whispering loudly, "Is it time?" Honestly, I was getting a little annoyed. As Communion began he whispered to me, "You know, the bread is really good." Today's story is one of those stories that I struggle with, so I wonder how much children struggle with trying to understand what it means for Jesus to say, "I am bread of life." But then I think about that Sunday, and a little boy whispering really loudly, "The bread is really good." Knowing and loving Jesus is really good.

How many of you have a food or taste memory? What food will bring back a memory in an instant? Jesus commanded us to eat bread, and when we do to remember him. He created a food memory for all of us. So when we eat bread we remember that Jesus, the bread of life, is really, really good for us.

As I studied this story, I thought about an article I read about children and technology. A mother helped her child understand the difference between good games and apps versus the "junk" games and apps using an illustration of junk food vs. healthy food. The junk food tastes really good, but too much of it harms our body. We need healthy food to grow and be healthy people. As I read this passage, I think Jesus was trying to remind us to fill our bodies with healthy spiritual food, and that the junk won't sustain us. The people had just been fed. They had witnessed how 5 loaves of bread and 2 fish could feed thousands of people. He had "given them this day, their daily bread." I wondered if they woke up hungry the next day, and went out looking for Jesus again. Jesus also knew they were looking for more food,



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and so he stretched them to realize that they need more than just physical food in their bellies. We need Jesus who can fill us in ways we can't comprehend. If we chase junk food, we will never be satisfied, but if we fill our hearts and minds with the good stuff of Jesus, we will never be hungry. How can we lead our guests to be filled with the good stuff of Jesus?



Read the story together

1. Invite your guests to gather at the table around the worship cloth. It's time to hear today's story!
2. Begin your time together talking about bread. To prepare, look for some pictures on the internet of bread in different cultures. Discover together what kind of bread people eat around the world. Are you familiar with any of this bread? What is your favorite kind of bread to eat?
3. Today we are going to think about bread. As we have learned together, bread is really important to God's people.
4. Read the story together. Show them your Bible and tell your guests that today's story is in the book of John. Did you know our story today happens just after the story we read yesterday?
5. Read the story from the story Bible "Growing in God's Love" or use the interactive reading provided with this Staycation Bible School. Find the interactive reading on page 106.



Wonder together

1. I wonder: What does Jesus mean when he says, "I am the bread of life"?
2. Why was bread important to people in the Bible? Why is bread important to us?
3. God provided the Israelite people bread (manna) to feed them when they were hungry. Why did God send Jesus to the people? How does Jesus "fill" us up?
4. Jesus isn't actual bread we eat, so what can we set our tables with to feed us with Jesus, the bread of life? (Some ideas: Bibles, storybooks that help us think about Jesus, songs to sing



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about Jesus, invite friends to sit at our table and talk about Jesus and tell us stories of faith)

5. Did you notice in the story that the people asked Jesus for a sign that he was the one sent by God? They remembered the stories of their past when God provided for them. Share with each other a story of when God took care of your family or when you knew that God was watching over you.
6. What is the difference between junk food and healthy food? Junk food will never help your body. It may taste good at first, but it is not good for you. Healthy food helps you grow strong, it gives you strength when you need it. Learning about Jesus and making room to grow in our faith is filling our lives with healthy spiritual food. What is one way you can fill your heart/ life with Jesus?
7. Think about church. We eat a special meal together as the people of God. Do you remember what we call that meal? Do you remember what we eat?
8. Before Jesus died he said, "This bread is my body broken for you." When we eat this bread, we remember Jesus.
9. Break the bread together at the table. It's great if you have an uncut loaf you can use. Observe what happens. See if you can smell the bread as it opens. Feel the bread in your hands. Break off a piece of bread and place it into your guests' hands. Look into your guests' eyes as you hand them each a piece of the bread.
10. Taste the bread. Tell some stories. All week we have been trying to "experience" the goodness of God in ways that we can taste, touch, see, feel, and hear. How is breaking bread together as a community an experience of "seeing and knowing" that Jesus is with us? As you all eat the bread together, share with one another a story about your church or a favorite Bible story. And as you share bread with each other, remember what is good about bread and the things God gives us.



Daily Placemat and Table Talk

After you read the story and have some discussion time together, get out today's Daily Placemat. Take some time to answer the "I wonder" question and color your placemat. You can read the Table Talk questions now, or you can save them for snack time.

Break Time: Daily Dance Party and the Plate-it-up Playlist

Everyone needs a break! In our family we do dance parties in the kitchen. There are so many ways to start a dance party! We usually ask our smart speaker to play a song and then we dance! Find ways throughout your day to create a "dance party." Pick a song to play, or use the SBS Plate-it-up Playlist of music and movement videos that can be found on YouTube: pres-outlook.org/SBSenergizers.

You don't have to play the videos. If your kids are done with screen time, use the videos for inspiration. If you would like to lead some kind of brain break/energizer, these are great examples that you can watch and then teach your family.

Check out the SBS Plate-it-up Playlist on Spotify with song suggestions that go with this year's theme (pres-outlook.org/SBSplaylist).



above: Spotify code to scan for playlist



SIDE SURPRISES!



SIDE 1: CAFÉ CREATIONS (ARTS AND CRAFTS)

The crafts today relate to baking bread, eating together around a table.

Craft 1: Salt Dough Suncatchers

Making dough reminds us of how we make bread, and by creating a suncatcher with salt dough, we remember that Jesus is the bread of life and the light of the world. Yes, Jesus loves us!

MATERIALS:

- Flour
- Salt
- Water
- Pony beads
- Cookie cutters

DIRECTIONS:

1. To make the salt dough, mix 2 cups flour (all purpose), 1 cup salt and 3/4 cup warm water. Stir ingredients together in a bowl until they start to form a dough. Then remove from bowl and knead on counter until the dough is smooth.
2. Give each person a ball of salt dough to roll out or pound it into a circle about 1/4-inch thick. Cut a design out of the middle. You can use a cookie cutter or you can free cut a shape. A heart is suggested (to remember that Jesus loves us), but you can do a hand print, cross, flower or something else.
3. Place the pony beads in the empty space. You will want to place them circle side up. This will become the colorful part of your suncatcher.
4. Using a straw, make a hole at the top of the salt dough suncatcher (so you can put a ribbon or yarn through it when it's dry).



5. Place on a cookie sheet and cover with foil.
6. Bake at 375 degrees for 1.5-2 hours (or until the beads are melted).
7. Once cool, you can paint/decorate/add glitter to the salt dough, add a ribbon and hang in the window.

Option: If you want, you can decorate the salt-dough shape you took out of the middle. (You can save it to decorate later — let it dry and then paint it. Or, decorate it before it's dry by pushing beads, sequins or small rocks into the dough.)

Craft 2: Paper Plate Woven Bread Basket

MATERIALS:

- Paper plate (one for each person)
- Yarn
- Scissors
- Pencil

DIRECTIONS:

1. In the center of the paper plate, draw a circle (suggestion: trace the base of a coffee mug or a drinking glass).
2. Along the edge of the plate, make marks with pencil at regular intervals (keep them evenly spaced). You'll need an ODD number of marks. Once you have the marks measured out (remember, you need an ODD number of marks and the spaces between them need to be roughly equal), use scissors to cut slits from each mark at the edge down to the line of the circle you drew. (Imagine a paper plate flower with a center circle and petals.)
3. Bend each of the petals up from the pencil circle line to a 90 degree angle, to form the shape of your bowl. If any of the sections overlap, trim the edges a bit to make the gaps between the petals wider, so there's no overlap. (You want to make a little space between each of the petals.)
4. Slide the end of the yarn into one the slits. Push it down completely to the circle, then hold a tail of a few inches over the base of one of the petals and begin to weave the long end in and out over the base of each petal: over one, and under the next, until you've gone all the way around. Let the tail hang out and don't worry about it for now — you'll tuck it in later.



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5. Keep weaving over and under around the petals, moving gradually with each added layer from the center towards the edge of the plate (you're filling the petals with yarn). It's important to keep the petals folded upwards as you weave, or you won't end up with a basket. Keep pushing the yarn towards the center, covering the petal completely.
6. When you're done with one color or want to change colors, simply snip the yarn and let a few inches of tail hang, and tie the new yarn to the tail. Then keep weaving, over one petal and under the next, keeping the same pattern. The goal is to cover each petal with yarn. When the yarn is about a half inch from the edge of the plate (or you run out of yarn), stop, leaving a small tail which you'll tuck in shortly.
7. Fold the top edge of each petal down (toward the outside) and crease it firmly, to create the edge of the bowl and to make sure the yarn doesn't slip off.
8. Use a pencil to tuck in any loose ends of yarn.

See photos of this craft at pres-outlook.org/SBSphotos.

Craft 3: Woven Paper Placemats

Make a set of placemats to use at your dinner table when you gather to eat together.

MATERIALS:

- Construction paper (12x18 size is best)
- Scissors

DIRECTIONS:

1. To make the base, fold 1 sheet of construction paper in half. Cut straight or wavy lines from the folded edge leaving about, 1 inch uncut at the open edge.
2. Unfold your weaving base. Now you need paper strips to weave through. Cut 1-inch strips of construction paper to weave through the base.
3. When you're done weaving, cut the ends off and glue the strip edges to hold them in place.



Craft 4: Loose Change Sun Prints

Today we explored that combining our loose change makes a big difference. Using your loose change, create a picture.

MATERIALS:

- Dark construction paper (black, blue, green) or nature print paper
- Coins (dimes, pennies, quarters — anything you have)

DIRECTIONS:

1. Bring your materials outside. Give each person a piece of paper. Using the coins, create a picture. It can be a heart, your name, a flower, a cross, a wiggly line.
2. Leave your paper and coins outside in the sun for several hours.
3. Come back and see how the sun makes a picture.
4. Hang the picture up to remember that when we put our “loose” change together, big things can happen!



SIDE 2: KITCHEN FIXINS BOOKS AND TREATS

Books of the day:

- **“Bread Comes to Life”** by George Levenson
- **“The Very Hungry Caterpillar”** by Eric Carle

You have two book choices today. One is non-fiction and the other is (probably) a very familiar fiction book.

Bread is a foundational food for the Christian faith. “Bread Comes to Life” explores how there are many different types of bread and how bread is made. Think about all the different types of bread there are throughout the world. Remind your guests that we serve bread at Communion. What type of bread do you eat at your church? Wonder together: What kind of bread might you



eat in another country? Why do you think we eat bread during the Communion meal? Why do you think that bread is foundational to our faith? Because Jesus said, "I am the bread of life." We eat bread at church because it reminds us of Jesus.

"The Very Hungry Caterpillar" reminds us of what it is like to taste and enjoy all different kinds of foods. Today you and your guests have explored what it means to "taste and know" that the Lord is good. How many foods do you think the caterpillar tastes? All of that food helps the caterpillar grow and get bigger until he is ready to transform. We eat food to help us grow, have strong bones and live healthy lives. I wonder what the caterpillar's favorite food was?

Older children may be interested in talking about how the butterfly is a symbol of transformation. We believe that when we learn about Jesus, we come to know about God's love for us, and that knowledge transforms us.

The treats today represent each book. Tortillas are a popular bread in Latin America. They are fun to make.

The fruit kabobs are a fun treat that remind us of the caterpillar in the book. It's a great way to use leftover fruit and an easy snack for smaller children to make. (And you can eat more of your fruit dip from Tuesday, if there is any left.)



Treat of the Day

Option 1: HOMEMADE FLOUR TORTILLAS

INGREDIENTS:

- 2 cups flour
- 1 cup boiling water
- 2 tablespoons vegetable oil
- 1/2 tablespoon sugar
- 1/4 teaspoon salt

DIRECTIONS:

1. In a bowl, combine all the ingredients. Use a wooden spoon to stir until the dough is roughly combined.
2. Knead the dough for 2-3 minutes until it is fully combined and looks like a dough ball.
3. Cut the dough into 12 equal sized portions. Roll each portion into a ball.
4. Working with 1 dough ball at a time, roll out the tortilla with a rolling pin (using some extra flour). Do not stack the tortillas.



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5. Drizzle the pan with a little vegetable oil and allow the pan to heat up. Place one of the tortillas into the hot pan. Cook 2-3 minutes on both sides until lightly browned.
6. Repeat with the rest of the dough balls.
7. Serve your tortillas immediately.

Option 2: HUNGRY CATERPILLAR KABOBS

INGREDIENTS:

- Green grapes
- Red strawberries
- Kabob stick

DIRECTIONS:

1. Thread green grapes on a kabob stick about 3/4 of the way up.
2. Add a strawberry to the top.
3. Dip in leftover fluff from Day 2.



MIX-IT KIT: Bread in a bag

Today's mix is a reminder that Jesus is the bread of life. Bread is foundational to our faith as Christian people. This is a fun, but messy way to bake bread. But messy is a part of life — it's why we need Jesus, right?

DRY INGREDIENTS:

Bag 1 (use a gallon size zip-close bag)

- 1 cup of flour
- 3 tablespoon sugar
- 1 package rapid rise yeast (2 1/4 teaspoon)

Bag 2

- 2 cups flour

WET INGREDIENTS:

- 1 cup warm water
- 3 tablespoon olive oil or vegetable oil



(Tag instructions)

Preheat the oven to 375. In the bag labeled “bag 1,” add 1 cup warm water. Squeeze the air out of the bag and seal. Squish the bag with your hands until well mixed together. Let it rest for 10 minutes at room temperature. Bubbles will form. Open the bag and put in 1 cup of flour, 3 tbsp. oil (olive oil or vegetable oil) and 1 1/2 tsp. of salt. Seal bag again and squish until blended. Add the last cup of flour and continue squishing and mixing until well blended. Remove the dough from the bag and put it onto a lightly floured surface. Knead for 5-10 minutes or until smooth. Divide dough in half and place each half in a greased mini loaf pan (or, you can make one large loaf). Cover with a towel and allow to rise for about 30 minutes. Bake at 375 degrees for 25-30 minutes or until the bread is golden brown.



SIDE 3: PULL UP A CHAIR (SNACK TIME)



Daily table grace: For Health and Strength

For health and strength and daily food, we praise thy name O Lord.

This is a traditional table grace, sung as a round. You can hear it here:
youtu.be/aglNGoi5uw



Simple snack

Hear and know what Jesus tells us! Jesus tells us he is the bread of life. Bread is a foundational food for us as people of faith. Many of these snacks include breads from around the world.

Option 1: CINNAMON BREAD/TOAST

Pepperidge Farm makes a delicious cinnamon bread (a staple in our house). Or toast a piece of bread, butter it and shake a mix of cinnamon sugar on top. (For fun, cut out shapes with a cookie cutter.)

Option 2: PITA AND HUMMUS

Option 3: TORTILLA CHIPS AND SALSA



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Option 4: CINNAMON SUGAR CHIPS

INGREDIENTS:

- 1 cup sugar
- 4 tablespoon cinnamon
- 12 flour tortillas
- 1/2 cup butter (1 stick), room temperature

YOU'LL NEED:

- Baking sheet
- Parchment paper or nonstick foil

DIRECTIONS:

1. Preheat oven to 350 degrees.
2. Line baking sheet with parchment paper or nonstick foil.
3. Combine cinnamon and sugar in a small bowl.
4. Spread butter evenly over each of the tortillas.
5. Sprinkle the cinnamon sugar evenly over the tortillas.
6. Use a pizza cutter or sharp knife to cut each tortilla into eight slices, like a pizza.
7. Place tortilla slices on baking sheet and bake for 8 minutes, or until the edges turn golden.
8. Don't overcook — they will burn easily.
9. Once cooled, place the tortilla chips in a bowl.
10. If desired, serve with fruit salsa or fluff, or use to scoop up fresh berries.



SIDE 4:

ALL-YOU-CAN-PLAY BUFFET

Choose a game or two from the All-you-can-play Buffet list.



SIDE 5: SERVICE WITH A SMILE: A DAILY MISSION FOCUS



Food for all

Today's highlighted mission organization continues the theme from yesterday: doing a little goes a long way! Today you will learn about Cents-Ability, which is a part of the Presbyterian Hunger Program. (A note to churches: If you currently collect a nickel-a-meal offering, this would be a great time to put together a FAQs sheet to share as a part of your SBS package so families know how to support your local mission. If your church doesn't currently support the 5 cents a meal program, there are some great resources on the PC(USA) website about how to get involved.) One of the options below will ask you to have 21 nickels. Have those on hand before you start the "explore" section.



Explore

1. Learn about the Cents-ability program that is a part of the Presbyterian Hunger Program. You can learn about the program and its history here: pres-outlook.org/SBScentsability
2. Find out if your church participates in the nickel-a-meal offering. (My church collects 5 cents a meal on the 4th Sunday of every month.)
3. The hunger offering was created by Presbyterian Women in the 1970s as a way to involve individuals and families in the corporate response to world hunger.
4. Check with your local presbytery. Many presbyteries have a hunger committee that provides grants to local and international food organizations. Check their list and see if you recognize any of the organizations.
5. Do some math! Here are some activities you can do to see how our "change" makes a difference:
 - a. Find enough nickels to add up to \$1.05 (that is 21 nickels).
 - b. Hide the nickels around your house. Go on a nickel hunt.

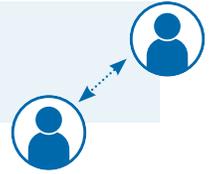


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- c. Once you have collected all the nickels, talk about the nickel and how much it is worth. Share that it's only 5 cents. Ask your guests, "What do you think you can do with 5 cents?"
- d. Share with them that the Cents-Ability offering challenges us to share 5 cents for every meal we eat. If we eat 3 meals a day, how much is that? What can you do with 15 cents? Probably not a lot, right?
- e. Now help them count all the nickels they found — they collected \$1.05. That's 5 cents a meal, 3 meals a day, for 1 week. What can we do with \$1.05?
- f. Now let's say we did this every day for 1 month — we would collect \$4.50. What can you do with \$4.50?
- g. Let's say 20 families in our church collect 5 cents a meal, 3 days a week, for 1 month — how much money would we have? That's \$90! What do you think we can do with \$90?
- h. Now imagine that this offering is collected all over the United States by many, many Presbyterian churches. Think about how we can work together to support food organizations.
- i. Put all the coins into a cup. Shake it. Make noise. Let each of your guests shake them and make noise. Imagine when all of us bring our coins to church, all of those coins "make a joyful noise unto the Lord" as they are received and dedicated.
- j. Make a joyful noise with your coins. Play a song from the Plate-it-up Playlist and make a joyful noise with the coins.
- k. What should you do with your coins? Donate them to Cents-Ability. Get a blank envelope and decorate it. The next time you are able to safely meet at church, share your coins and support the nickel-a-meal offering.
- l. Keep on sharing: Make a nickel-a-meal bank. Place it somewhere in your house to collect loose change. My mother kept our bank in the laundry room, and all the change left in jean pockets went to nickel-a-meal. Some families keep it on their kitchen table and add when they can. My son gives a portion of his allowance each week to our bank. Decide as a family how you might work to fill your bank.



Check in with your Cooking Companion



DELIGHTFUL DESSERTS AT THE GRATITUDE CAFÉ

End your day with a time of celebration and thankfulness. Isn't it wonderful to start our day and end our day sitting around the table with family and friends?

Prepare your table:

1. Set out the worship cloth and candle.
2. Bring whatever drink or food you would like to eat as you share together.



Give thanks:

1. Let's think about what we should give thanks for today!
2. Play some quiet meditation music while you write in your journal. (Suggestion: "Come Ye Children of the Lord" by Paul Cardell on the [SBS Spotify playlist](#).)
3. After a time of silent writing, say, "Let's share the things we are thankful for with one another." Take turns sharing.
4. Once everyone has shared, end your time of gratitude by saying, "God, we are thankful for all of these blessings. Amen."
5. Give thanks with song. Play "Lord I Thank You" by Yancy and Little Praise Party on the Plate-it-up Playlist. Grab a kitchen instrument (pots, pans, and spoons) and sing, dance, and give thanks.



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End your day with prayer.

Closing call-and-response prayer

Host: Taste and see...

Guests: The Lord is good!

All: Praise God.

Guests: Taste and see...

Host: What God created!

All: Praise God.

Host: We give God thanks for...

(name what you listed in your gratitude journal).

All: Praise God.

Guests: Taste and see...

Host: God is good!

Guests: All the time!

Host: All the time...

Guests: God is good! Praise God!

All: Amen.



Day 4 INTERACTIVE READING JOHN 6:22-34

FEED US!

An interactive reading of JOHN 6:22-34

Host: What an amazing day. A little boy shared his lunch and everyone ate!

Guests: Jesus, feed us, we want bread!

Host: Jesus and his disciples climbed into their boats and journeyed to the other side of the lake, but the crowds kept looking for him.

Guests: Jesus, feed us, we want bread!

Host: The people found Jesus and his disciples on the other side of the lake.

Guests: Jesus, feed us, we want bread!

Host: Jesus knew why they were looking for him. They were hungry, and his miracle with the loaves and fishes filled their bellies. But he knew they needed more than loaves and fishes. He could give them a type of bread that would fill their hearts.

Guests: Jesus, feed us, we want bread!

Host: Jesus wanted them to know and understand that he was the One sent from God. He was the bread they were looking for.

One guest: But how do we know this? What sign will you give us so that we may see and believe? We remember the sign of our ancestors. Our ancestors ate manna in the wilderness. They ate bread that rained down from heaven. God provided!

Guests: Give us this day, our daily bread. Amen.

Host: Jesus could see they were starting to understand! It wasn't Moses who gave them the bread, the manna from heaven was a sign of God's love and provision. It is bread from heaven that gives life to the world.

Guests: Jesus feed us. This is bread that we want! We are hungry.

Host: Then Jesus said, "I am the bread of life, whoever comes to me won't be hungry, and whoever believes in me will never be thirsty."

Guests: Jesus, bread of life, give us this day our daily bread. Amen.