

PHILIP-EYE

SACRED COWS AND YOUR CARBON FOOTPRINT

By the Earth Care Team

“If cattle were their own nation, they would be the world’s third largest emitter of greenhouse gases.”

—Project Drawdown

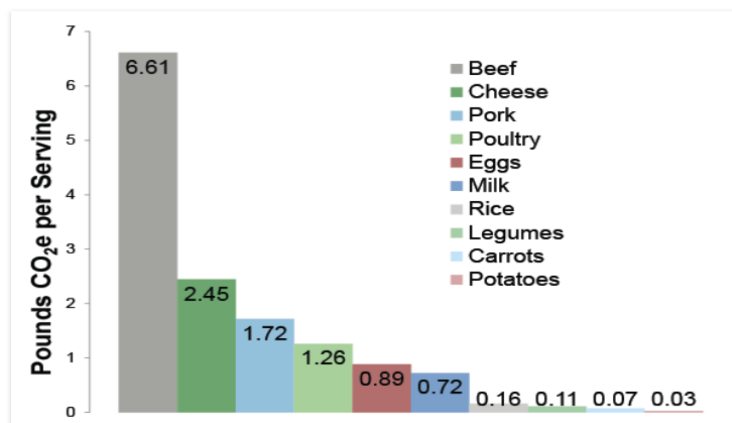
Did you know...

- 🌍 Livestock emissions (especially cows) account for 18% of greenhouse gas emissions—the second highest cause of emissions after fossil fuels.
- 🌍 The average American consumes 222 pounds of meat per year which is .6 pounds per day. This doesn’t include dairy, which also contributes to emissions.
- 🌍 The average *American* diet emits 3 metric tons of greenhouse gas per year while the average vegetarian diet emits 1.5 metric tons and the average vegan diet emits 1 metric ton.

As you approach your Lenten journey, here are some steps you can consider to reduce your meat consumption and lower your carbon footprint.

- 🌍 Cut your meat intake in half. For the average American, this would be a third or a quarter pound per day.
- 🌍 Eat chicken or pork instead of beef as much as possible.
- 🌍 Limit meat to one meal per day.
- 🌍 Eat beef only one day per week.
- 🌍 Be vegetarian one day per week. For more information, visit <https://www.mondaycampaigns.org/meatless-monday>
- 🌍 Cut back on dairy as if it were meat.
- 🌍 Eat only sustainably raised meat. Sustainable agriculture practices also reduce greenhouse gas emissions.
- 🌍 Make a list of your favorite plant-based proteins (beans, hummus, peanut butter, tofu) and eat them more often.
- 🌍 Thank your vegetarian and vegan friends and accommodate their dietary requirements.

POUNDS OF CO₂E PER SERVING¹³
(4 OZ. MEAT, 1/2 C. ASPARAGUS & CARROTS, 8 OZ. LIQUIDS)



Rev. Dr. John W. Wurster
Pastor, Head of Staff

Rev. Keatan King
Associate Pastor

Rev. Omar Rouchon
Associate Pastor

Dr. Randall Swanson
Director of Music

Dr. Matthew Dirst
Organist

Cecy Duarte
Children's Music Associate

Micah Meyers
Art Director

Wilbert Parada
Facilities Supervisor

Dimas Parada
Custodian

Kenya Goodwine
Bookkeeper

Lorrie Castle
Office Manager
Newsletter Editor

Susan Estill
Editor Emerita

MARCH COMMUNION OFFERING



The turn of a tap brings drinkable water into cups, pots and containers, something so simple and taken for granted in our lives. But for 600 million people across the face of the Earth, drinkable water is a day-long walk to a water source through predators, both animal and human, and the source is frequently contaminated. Over 4 million children die each year of diseases directly linked to unsafe drinking water.

Living Waters for the world, founded in 1993 as a ministry of the Synod of Living Waters, PCUSA, trains and equips mission teams to teach and assist international communities in the installation and operation of water purification systems and, in the process, shares the love of Christ with those individuals in the community. Since 1993, Living Waters for the World has shared clean water with over 1,000 communities across 26 countries. Current projects are focused in the Cardenas, Tabasco area of Mexico. You can find out more about Living Waters for the World at <https://livingwatersfortheworld.org/>.

1 John 3: 17-18 – “How does God’s love abide in anyone who has the world’s goods and sees a brother or sister in need and yet refuses help? Little children, let us love, not in word or speech, but in truth and action.” We are all fortunate to be blessed so that we can be a blessing to others.

Our communion offering in March will benefit Living Waters for the World, bringing education and sustainable water treatment systems to those in need through our gifts, our support and our prayers. This offering will be collected in worship on Sunday, **March 6**. You may also make a secure contribution through MyStPhilip or by sending a check to the church office, with “March Communion Offering” in the memo line.

All God’s children deserve clean water!

JOIN US

All-Bach Chamber Program
a collaboration between



The Music at St Philip series is back! On Saturday, March 12 at 7:30 p.m. in our sanctuary, the Ars Lyrica Chamber players will perform a “Best of Bach” program featuring some of the most beloved works of Johann Sebastian Bach, including the “Orchestral” Suite in B Minor and the Fifth “Brandenburg” Concerto. Full details are at:

<https://www.arslyricahouston.org/bestofbach>

Fun Stuff

Amazing facts, dumb jokes, crazy ads, brain stuff, and quizzes regarding the Bible. Stuff you probably know, which you didn’t know you knew, and secret stuff. I hope you enjoy my Fun Stuff corner.

—Lorrie Castle

Crazy Ads

Service—Shylock Legal Services “When you’re falsely accused of assault”

Product—Manna Helper—Treats for the whole family—in just minutes (Not suitable for leftovers)

Quiz

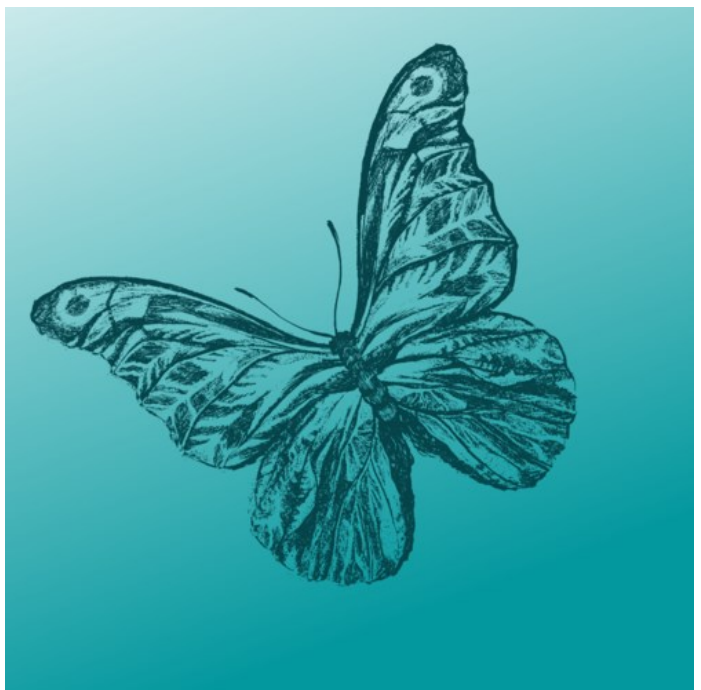
Q: If the Weather Channel were around in Noah’s day, it would have reported forty straight days of what?

- Calm
- Rain
- Blizzard conditions
- Free cable

Q: Finish the verse: “Love the Lord your God with all your...”

- heart, all your soul, and all your strength
- family, and love your neighbors as your own children.
- goods, and give him the abundance of your crops, a tenth thereof.
- baseball cards, all your marbles, and every last stick of gum.

‘a, ‘b



SESSION HIGHLIGHTS

January 2022

Stated Session Meeting via Zoom Videoconferencing – January 25, 2022

- ✦ Session elected Dick Howard to serve during 2022 on the Central Mission Endowment Council, and appointed Butch Wilson as the representative from Session and Kip Frautschi as liaison from the Mission Committee.
- ✦ Session approved the 2021 St. Philip Annual Statistical Report for submission to the Presbytery of New Covenant and to the Presbyterian Church (U.S.A.) Office of the General Assembly.
- ✦ Session approved the 2022 St. Philip budget, totaling \$1,643,549.53.
- ✦ Session acted to invite Dr. Christopher Edmonston to preach on Sunday, February 20th at the 11:00 a.m. service as part of the Duerr Lecture Series.
- ✦ Upon the unanimous recommendation of the Duerr Lecture Series Board, the Session bestowed the title of Board Member Emeritus of that board to Lee Larkin.
- ✦ Session approved presenting a framed resolution to Lee Larkin naming him as Board Member Emeritus of the Duerr Lecture Series Board during the February 20, 2022 worship service at 11:00 a.m.
- ✦ The Session approved services for Ash Wednesday, Maundy Thursday, Good Friday and Wednesday mornings during Lent.
- ✦ Session called the Annual Meeting of the Congregation to be held in-person and online on Sunday, February 13, 2022, following the 11:00 a.m. morning worship service.

Committee and Council Actions:

- ✦ Property Committee has accepted a proposal from CRX for cleaning and sealing of the exterior walls of the Sanctuary and Education Building. The total amount is \$74,200 paid from the reserve for replacement.
- ✦ Property Committee has created a three-person team to develop a facility-use agreement with Oasis de Amor Church.
- ✦ Property Committee has approved a proposal from Firesafe to upgrade the existing alarm system for a total of \$2,171.88.

John A. Lemen, Clerk of Session



Space exploration. An eye on the new frontier.
An appreciation for rugged-cowboy, Texas roots.
These elements pulse through the veins of Houston and its surroundings. As the Triple-A Affiliate of the Houston Astros, it's imperative the franchise mirrors not only the identity of its parent club, but also the community it's proud to call home.
With that, we're proud to announce the Sugar Land Space Cowboys have officially arrived.

St. Philip will rally behind them on

June 12

**Fellowship Committee
will have more information soon.**

CAN YOU SPARE A FEW MINUTES?

The St. Philip Stewardship Committee would like to “check in” with each of our church members to see how things are going after two years of a pandemic. . . to see if the church could help or serve you in any way.

We are looking for “friendly, caring” volunteers (this qualifies *every* member of St. Philip!), so we hope YOU will sign up to make five or more calls. Our goal is to reach every member family within two or three weeks once we get going.

E-mail me if you can help in this project, and I will e-mail you a list of names with contact information, instructions, and suggestions.

Blessings to you for answering this call!

Judye Hartman

Stewardship Committee

judyehart@gmail.com 832-563-7244

LITURGISTS NEEDED

The Worship and Music Committee is looking for individuals to be liturgists during the Sunday 11:00 a.m. worship service. If you are interested, contact Roderick James at jamesrv@swbell.net or text/call 713-503-0785..

OPPORTUNITIES FOR LEARNING

EXPERIENCING GOD CLASS - Sundays during Lent (**March 6—April 10**) - 9:45, Room 202—The Education Committee will offer a five-week class during Lent called “Experiencing God,” an opportunity to see how the Holy Spirit connects with people in unique and personal ways in their daily life. Two or three church members will informally share one of their spiritual practices for 10-15 minutes. There will also be time for individuals to try these different ways to encounter God. The goal is to encourage and learn from one another on our journeys of faith. Middle and high school students are invited and encouraged to participate.

WOMEN’S MONTHLY BOOK CLUB—This self-led, interactive group produces lively discussions and wonderful fellowship. At our next meeting on **March 10** at 7:00 p.m., we will discuss *Major Pettigrew’s Last Stand* by Helen Simonson; watch your email for details of where we will be meeting. If you have any questions or concerns, please contact Nina Lambright at nnl@lambrightlaw.com

MIDWEEK BIBLE STUDY WITH JOHN WURSTER—A look via Zoom at the Bible readings for the coming Sunday continues with Zoom sessions Wednesdays at 3:30 p.m. Email John for details and to get on the list - john@saintphilip.net.

PRESBYTERIAN MEN’S WEEKLY FELLOWSHIP—Men of all ages are welcome to participate in this self-led group. The Men’s Weekly Fellowship meets in person each Friday in the Dining Room from 11:45 a.m. until 1:00 p.m. We are currently studying the book *Falling Upward* by Richard Rohr. Also, while there is an in person meeting, that meeting is carried live via Zoom for those who want to join the meeting but are either out of town or prefer to meet from a distance. Please contact Gary Gardner at ggardne148@aol.com if you would like to be a part of this interesting group.

SOCIAL JUSTICE STUDY GROUP will meet tonight, Tuesday, **March 1**, 7:00 p.m. via Zoom. The study book is *Race in America; Christians respond to the crisis*, edited by David Maxwell and Laura Cheifetz. Persons interested in joining the group can send an email to welcome@saintphilip.net and type PSJ Study Group in the subject line.

ADULT BIBLE STUDY CLASS—Room 204—9:30 a.m. We have completed the “David Story” in 1 Kings 1-2 and have begun our study of Solomon and the subsequent Kingdoms of Israel and Judah in 1-2 Kings, with Dr. Robert Alter’s *Ancient Israel, The Former Prophets* (2013). Join us for more discoveries in Dr. Alter’s translation and commentary on the Biblical Hebrew. All are welcome.

CHURCH & SOCIETY—9:40 a.m. - 10:40 a.m. by Zoom - **March 6** - *Domestic Violence Court* - As a member of Aid to Victims of Domestic Abuse, Shailey Gupta-Brietzke was instrumental in the creation of the first domestic violence-specific court in Texas, which focuses on obtaining protective orders for victims of domestic violence and providing extended services for divorces, custody cases and modification cases. The purpose of the domestic violence court is to help fast-track protective order cases to be heard efficiently, effectively and quickly, instead of extended repeated hearings in Family Court to obtain protective orders. We will learn about current Texas legislation regarding domestic violence, and child abuse. Presented by Shailey Gupta-Brietzke - SGB Law - representing individuals and children in all aspects of divorces, custody cases, modifications of existing court orders and enforcement of court orders. **March 13** - *A Theological Perspective on a Woman’s Right to Choose* - *Roe v. Wade*, 410 U.S. 113 (1973), was a landmark decision of the U.S. Supreme Court in which the Court ruled that the Constitution of the United States protects a pregnant woman's liberty to choose to have an abortion without excessive government restriction. It struck down many U.S. federal and state abortion laws, and prompted an ongoing national debate in the United States about whether and to what extent abortion should be legal, who should decide the legality of abortion, what methods the Supreme Court should use in constitutional adjudication, and what the role of religious and moral views in the political sphere should be. *Roe v. Wade* reshaped American politics, dividing much of the United States into abortion rights and anti-abortion movements, while activating grassroots movements on both sides. The Rev. Keatan King, a member of Planned Parenthood Gulf Coast Faith Leaders Initiative, will lead us in a theological perspective on women’s autonomy. Email Mickey Meyers if you would like to join any of the classes:

churchsociety_stphilip@comcast.net.

PW CIRCLE MEETINGS

All women of the church are invited to join any of the meetings of Presbyterian Women. If you are not a member of a circle, you are welcome to participate, so please email Lorrie to request the link: welcome@saintphilip.net.

Monday Morning Saints

Second Monday of each month—10:00 a.m.

Sunday Circle

3rd Sunday of each month—12:30 p.m.

Thursday Evening Circle

1st Thursday of each month—7:00 p.m.

MISSION DAY

St. Philipians:

On behalf of the Mission Committee, we thank you for generously contributing to Mission Day. Your contributions to The Beacon, CCSC and Austin Presbyterian Seminary are helping these organizations meet their most critical needs at this time.

Thank you again for being such a blessing to others in our community!

Jennifer Wilson

Chair, Mission Committee



*We are called to do Christ's work
in the world, helping neighbor and
stranger.*



For 40 days, the church commits itself to deepened practices of prayer, study, and drawing nearer to the cross of Jesus in Lent. We've all been carrying heavy burdens the last two years. Maybe you sense God's call to let go of something heavy and hold onto something life-giving. Our cups have run dry. Maybe you sense God wanting to fill you back up. Whatever your soul needs and however God is reaching out to you in these days, we hope the following opportunities will offer welcome companionship and bread for your Lenten journey to the cross and the joy of the empty tomb.

Grace and peace, *Keatan*

SUN	MON	WED	DAILY
Experiencing God Class 9:45am Room 202	Lectio Divina Prayer Group 9:00am Zoom	Midweek Worship 11:00am Sanctuary and Livestream	Lenten eVotions from John Wurster <i>Emailed daily</i>

Experiencing God Class-Sundays in Lent at 9:45am in Room 202

See how the Holy Spirit connects with people in unique and personal ways in daily life. Two or three church members will informally share one of their spiritual practices for 10-15 minutes. There will be time for participants to try these different ways to encounter God. The goal is to encourage and learn from one another on our journeys of faith. **Middle and high school students are invited and encouraged to participate.**

Lectio Divina Prayer Group-Mondays in Lent at 9-9:20am on Zoom

Guided by Keatan King, we will complete the four cycles of Lectio Divina in 20 minutes of meditative reflection on scripture and prayer. *Zoom link will be sent early Monday mornings*

Midweek Worship-Wednesdays in Lent at 11:00am in the Sanctuary and livestreamed

Worship includes organ music, prayer, scripture, and a homily by one of the pastors. *(lunch available afterwards in the Gathering Area)*

Lent VBS-Saturday, March 5 at 10:00am-noon on the lawn at St. Philip

Children ages 3 to 5th grade are invited to "Serve Others with Love" and learn the story of Jesus washing the disciples' feet. Activities will all be outdoors, so please wear sturdy shoes and bring a mask. Register online [here](https://www.saintphilip.net).

Daily eVotions-Daily throughout Lent via email

You are invited to mark the forty days of Lent with e-votions, daily biblical reflections prepared by John Wurster and distributed via e-mail. Email John at john@saintphilip.net to be added to the list.

March 2—Ash Wednesday

Services at 11:00 a.m. and 6:00 p.m.
(lunch available after 11:00 a.m. service)

March 5

Lent VBS—9:00 a.m. –2:00 p.m.

March 9, 16, 23, 30, and April 6

Lenten services on Wednesdays at 11:00 a.m.
(lunch available afterwards)

April 14—Maundy Thursday

7:00 p.m. service

April 15—Good Friday

services at 12 noon and 8:00 p.m.

April 17—Easter Sunday

services at 9:00 a.m. and 11:00 a.m.

April 18

OFFICE CLOSED

IN OUR PRAYERS

St. Philippians and their families—Susan Huffman; Jan Ostendorf; Pat Lindsay; Tom Sands; Roderick James; Lee Larkin; Dorothy Murphey; Bill Slick; Don Padgett; Steve Adger; Judith Crane; Shirley Coffman; Ellen MacDonald; Arlette Keene; CJ Miller; Mezgebe Gebray; Hunter—grandson of Michael Alexander; Ryan Willis—son of Robin and Gary Willis; Christine and Samantha—granddaughters—Jacqueline and Bill Taylor; Trip Merklein—nephew of Elizabeth Duerr; Alma Fonseca—mother of Angelina Fonseca; Bill Polk—brother-in-law of Sharon Webb; Darryl Cazes—brother of Pam Taylor; Ann Perkins Cloud—cousin of Stephen Paine; Douglas Everhart—brother of Nancy Everhart Johnson; Gretchen Everhart—niece of Nancy Everhart Johnson; Carol Paine Kendrick—sister of Stephen Paine; John Anderson—brother of Tom Anderson; Mac & Beverly Wilson—parents of Butch Wilson; Vera Moore—mother of Chuck Johnson; Dottie Laas and family—cousin of Sam Fisher; Shirley Boggus—grandmother of Omi Ford; Dona Rowe—mother of William Rowe; and Elizabeth Carlton Lithio—granddaughter of Jeanie Flowers.

Homebound—John Bobbitt; Paulie Carlson; Kitty Curry; George Helland; Jean Nelson; Joyce Randolph; George and Lorraine Scott; Marion Takehara; and Jody Tomforde.

Friends of St. Philippians—Nancy—friend of Jacqueline and Bill Taylor; Lynda Shepherd—friend of Nancy Higgs; Bruce Witte—friend of Denis and Janet Martin; Janet Arnold—friend of Eleanor Grant; Auden McCarty—friend of Mary McGuire; Ted & Susan Hirtz—friends of Jacqueline and Bill Taylor; Matt Scalapino and Laura Chilton—friends of Stephen Paine; Shirley Stubblefield—friend of Barbara Runge; Rob Bond—friend of Curt and Sharon Webb; Clayton Amacker—friend of Peg Palisin and Gary Gardner; and Walter "Buddy" Hammann III—friend of Robin and Gary Willis.

We also pray for health care workers, first responders, and caregivers; for those who are sick; and for those watch and wait.

If you have a pastoral care need or a prayer request you would like to share, please email deacons@saintphilip.net.

Pledge payments, communion gifts and other gifts to support the Church can be made anytime through our website (<http://saintphilip.net/>), text "SPPC" to 73256 and follow the prompts, or sent to the Church Office at 4807 San Felipe, Houston, TX 77056. Pledge cards are being accepted in the Church Office or you can make your pledge in MyStPhilip.

Next edition: March 15; Deadline March 10—3:00 p.m.

Stay connected with regular emails from the pastors until then.

If you have any comments or suggestions for the Philip-Eye, please send them to:
philipeye@saintphilip.net or call 713-622-4807 and ask for Lorrie.



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